# Miss Foley

Health 8: USC1 Supporting Others  **Perspective**

**Welcome To Health 8…Supporting Others!**

**SUPPORT…to show that you approve of**

**someone/thing by doing something OR**

**to give help or assistance to someone/thing.**

|  |  |
| --- | --- |
| **I Feel** **Supported When…** | **I DO NOT Feel** **Supported When…** |
|  |  |

**Post-It-Note T-Chart Activity:**

I Feel Supported When… vs I DO NOT Feel Supported When*…*

**Pod/Small Group Activity:**

Compile common characteristics or themes from post-it notes onto master lists.

**Terry Fox Videos:**

Try The Impossible (8 min) & In Terry’s Words: Running into the Heart of Canada (2 min)

How did Terry Fox support the health of others?