# Miss Foley

Health 9: USC1 Health Promotion **Leadership**

**Post-It Note T-Chart Activity:**

Characteristics of Leaders TO follow *vs*

Characteristics of Leaders TO NOT follow

**Pod/Small Group Activity:**

Compile common characteristics or themes

from post-it notes onto master lists.

**Terry Fox Videos:**

Try The Impossible (8 min) & In Terry’s Words: Running into the Heart of Canada (2 min)

What leadership qualities drew Canadians to Terry Fox? List at least 5 to start the list.

**Characteristics of Quality Leaders**

Organized

Respectful

Loyal

Kind

Encouraging

Caring

Good Example

Positive

Honest

Responsible

Trustworthy

Brave

Knows Self

Selfless

Not Biased

A Blast/Fun

Interdependent

Smart

Determined

Perseverance

Inspirational

Courageous

Others?

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**Characteristics of Quality Leaders**