# Miss Foley

Health 9: USC1 Health Promotion **Decision-Making**

**Health-Enhancing Behaviors Increase**

**Through Health Promotion**

Discuss the way it was before the Saskatchewan Government established their recycling program.

* dumps were fuller
* ditches full of beer bottles, pop cans, etc.
* more litter around
* more garbage was burned – caused toxic fumes

What started the change? Why was there a need?

* people were starting to care about the environment - pollution
* dumps were too full
* junk in ditches caused hardships for ditch mowers
* no littering laws – fines for littering
*

What leadership skills were needed or used?

*
*
*

What are the positive results? What are the benefits?

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*
*

Could it be better?

*
*
*

Could this change have happened without leadership skills? Explain.

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*
*

# Miss Foley

Health 9: USC1 Health Promotion **Decision-Making**

**Brainstorm LOCAL decisions that promote healthy behaviors:**

* Building a skate park
*
*
*
*

**Brainstorm health-enhancing behaviors that have increased because of health promotion:**

* no smoking in public buildings
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*
*
*

# Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_

Health 9: USC1 Health Promotion **Decision-Making**

**School Community Decisions**

***Think of a local decision that has been made in your school which has increased health-enhancing behaviors for members of our school community.***

Describe or tell about the decision here:

***In your groups, discuss and record your answers to these questions:***

1. What leadership skills were needed/ used to make that decision?
2. Why was there a need to make the decision?
3. What positive results have you noticed because of that decision?
4. Could this situation still be better? (Explain)

# Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_

Health 9: USC1 Health Promotion **Decision-Making**

**Town Community Decisions**

***Think of a local decision that has been made in your town which has increased health-enhancing behaviors for members of our town.***

Describe or tell about the decision here:

***In your groups, discuss and record your answers to these questions:***

1. What leadership skills were needed/ used to make that decision?
2. Why was there a need to make the decision?
3. What positive results have you noticed because of that decision?
4. Could this situation still be better? (Explain)