# Miss Foley

Health 9: USC1 Health Promotion **Decision-Making**

**Health-Enhancing Behaviors Increase**

**Through Health Promotion**

Discuss the way it was before the Saskatchewan Government established their recycling program.

* dumps were fuller
* ditches full of beer bottles, pop cans, etc.
* more litter around
* more garbage was burned – caused toxic fumes

What started the change? Why was there a need?

* people were starting to care about the environment - pollution
* dumps were too full
* junk in ditches caused hardships for ditch mowers
* no littering laws – fines for littering

What leadership skills were needed or used?



What are the positive results? What are the benefits?



Could it be better?



Could this change have happened without leadership skills? Explain.



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Health 9: USC1 Health Promotion **Decision-Making**

**Brainstorm LOCAL decisions that promote healthy behaviors:**

* Building a skate park

**Brainstorm health-enhancing behaviors that have increased because of health promotion:**

* no smoking in public buildings

# Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_

Health 9: USC1 Health Promotion **Decision-Making**

**School Community Decisions**

***Think of a local decision that has been made in your school which has increased health-enhancing behaviors for members of our school community.***

Describe or tell about the decision here:

***In your groups, discuss and record your answers to these questions:***

1. What leadership skills were needed/ used to make that decision?
2. Why was there a need to make the decision?
3. What positive results have you noticed because of that decision?
4. Could this situation still be better? (Explain)

# Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_

Health 9: USC1 Health Promotion **Decision-Making**

**Town Community Decisions**

***Think of a local decision that has been made in your town which has increased health-enhancing behaviors for members of our town.***

Describe or tell about the decision here:

***In your groups, discuss and record your answers to these questions:***

1. What leadership skills were needed/ used to make that decision?
2. Why was there a need to make the decision?
3. What positive results have you noticed because of that decision?
4. Could this situation still be better? (Explain)