

PLAYfun is intended for children aged 7 and up.

Participant's Name \_\_\_\_\_ Gender: M F Age: \_\_\_\_\_

Place a mark in the box that best represents the child's ability. Indicate if the child had low confidence, or needed a prompt, mimic, description, or demonstration for each task.

Task	Competence					Confidence			Comprehension		
	Developing		Acquired			Confidence			Comprehension		
	0 Initial	25 Emerging	50 Competent	75 Proficient	100	Confidence	Prompt	Mimic	Describe	Demo	
1. Run a square											
2. Run there and back											
3. Run, jump, then land on two feet											
4. Crossovers											
5. Skip											
6. Gallop											
7. Hop											
8. Jump											
9. Overhand throw											
10. Strike with stick											
11. One-handed catch											
12. Hand dribble stationary & moving forward											
13. Kick ball											
14. Foot dribble moving forward											
15. Balance walk (heel-to-toe) forward											
16. Balance walk (toe-to-heel) backward											
17. Drop to ground & back up											
18. Lift and lower											

Participant's Name \_\_\_\_\_

Add up the section totals to obtain the Subtotal.

Next, divide the subtotal by 18 to obtain the **PLAYfun** Physical Literacy Score.

Running	score
1. Run a square	
2. Run there and back	
3. Run, jump, then land on two feet	
<b>Total</b>	
Locomotor	
4. Crossovers	
5. Skip	
6. Gallop	
7. Hop	
8. Jump	
<b>Total</b>	
Object Control – Upper Body	
9. Overhand throw	
10. Strike with stick	
11. One-handed catch	
12. Hand dribble stationary and moving forward	
<b>Total</b>	
Object Control – Lower Body	
13. Kick ball	
14. Foot dribble moving forward	
<b>Total</b>	
Balance, Stability & Body Control	
15. Balance walk (heel-to-toe) forward	
16. Balance walk (toe-to-heel) backward	
17. Drop to the ground and back up	
18. Lift and Lower	
<b>Total</b>	

PLAYfun Physical Literacy Score	
<b>Running</b>	
<b>Locomotor</b>	
<b>Object Control – Upper Body</b>	
<b>Object Control – Lower Body</b>	
<b>Balance, Stability &amp; Body Control</b>	
Add up the section totals to obtain the Subtotal	<b>Subtotal</b>
Divide the subtotal by 18 to obtain the <b>PLAYfun</b> Physical Literacy Score	<b>Total</b>