# Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_

Well10: W11 Healthy Eating **Hungry for Change**

**Hungry for Change Video**

**Discussion Tool Questions (89:00)**

**Three Pillars of a Food Revolution**

1. How should we balance environmental protection with the need to produce enough food for growing populations? Is one more important than the other?
2. Lappé argues that our food choices connect us to the environment and to food and farm workers. Do you think these considerations should affect consumer choices? If so, how?

**Food is Cheap at Market, but Costs a Lot Elsewhere**

1. What role should food companies play in promoting good health? Should responsibility for obesity and other diet-related diseases be primarily with the consumer who has purchasing power, or with the larger food environment?
2. What role does price play in your own food buying decisions? What role do health considerations play? Are you willing to pay more for foods you view as healthier?

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Well10: W11 Healthy Eating **Hungry for Change**

1. Do you think Americans would consume fewer “junk foods” if they were more expensive?

**Transforming Our Tastes**

1. What tastes might you need to change to reclaim the control of the food system, as Raj Patel suggests?
2. What makes you hopeful about the future of food? Briefly describe your ideal “food future.”

**Three Pillars of a Food Revolution**

**Food is Cheap at Market, but Costs a Lot Elsewhere**

**Transform-ing Our Tastes**